

## Seeking Rental Options for Associates

St. Anthony Summit Hospital Foundation is working to expand its existing housing program, securing more affordable housing options for associates. If you have a one or two-bedroom condo (under \$1,500 per bedroom) that you would be interested in master leasing to us, please reach out to Kate Kirby at [KatelynKirby@Centura.Org](mailto:KatelynKirby@Centura.Org).

## Thank You to Our Board Members!

Noel Hansen, Chair  
Robert Kopp  
Paula B. Parker  
Dr. Amy Phelps  
Gary Nicholds  
David Twillman  
Lorie Williams

St. Anthony Summit Hospital Foundation  
P.O. Box 738  
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Frisco, CO 80443  
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## Together for Our Neighbors

Dear [Salutation],

As we approach the changing seasons, we reflect on our accomplishments and look forward to the possibilities ahead. Because of your support, our Summit community continues to thrive—coming together to support the health of our neighbors through initiatives like the High Altitude Research Center (HARC) and the introduction of our ThinkFirst program for injury prevention.

In addition to the incredible things happening right here in Summit County, we also want to share some significant updates about our health system:

- Earlier this year, we had the pleasure of welcoming five Utah-based hospitals through Holy Cross Medical Group to Centura Health, presenting a milestone for bringing faith-based healthcare back to their region.
- Centura Health has established an exciting partnership with The Denver Broncos Foundation! This investment demonstrates a bolstered commitment to the health and wellness of our Colorado communities.
- Finally, our hospital's health management system, Centura Health, is becoming CommonSpirit. As of August 1, CommonSpirit Health, one of the largest faith-based, nonprofit health systems in the U.S., is now directly managing 20 hospitals and more than 240 care sites in Colorado, Kansas and Utah—including our St. Anthony Summit Hospital. This management transition allows our foundation and other member foundations to continue providing mission-focused support under their direct guidance. For more information, visit [Centura.org/CommonSpirit](http://Centura.org/CommonSpirit).

**While we're now called CommonSpirit, we remain called to serve you and our local community.** As you continue to read about the positive impact we are making here in Summit County, I hope you will consider supporting your neighbors in need with a gift. Thank you for your partnership on our journey to build healthy communities for all!

With gratitude,



Candy Elkind  
Philanthropy Officer  
St. Anthony Summit Hospital Foundation

*If you would like to learn more about St. Anthony Summit Hospital Foundation or the impact of your gift, please contact me at [CandyElkind@Centura.org](mailto:CandyElkind@Centura.org) or 970.668.2841.*

## HARC Embarks On Next Steps in Research Journey

In the summer of 2022, we invited Summit County residents and associates of St. Anthony Summit Hospital to take part in the Healthy Summit Survey Project through the High Altitude Research Center (HARC). This one-of-a-kind research study marks the first large population, high altitude study in the United States and was made possible by the University of Colorado School of Medicine, Altitude Research Center, St. Anthony Summit Hospital and St. Anthony Summit Hospital Foundation.

We're happy to report that as of August 1, 2023, we were able to close the survey and begin assessing the data thanks to the incredible turnout of participants.

Thank you to our HARC champions for helping this groundbreaking research come to life. Stay tuned for more updates, including research findings, pending publication. You can continue to support the HARC study by making a gift at [harcsummit.org/giving-page](https://harcsummit.org/giving-page) or by using the attached remit envelope. For general questions about this study, please contact [hello@harcsummit.org](mailto:hello@harcsummit.org).



## Get Ready for Colorado Gives Day on December 5!

Mark your calendars for Colorado's 16th annual Colorado Gives Day, a state-wide day of giving to strengthen our local community! Since 2007, Colorado Gives Day has connected generous supporters with nonprofits working to improve the lives of our friends, families, coworkers and neighbors. With over 3,000 nonprofits to choose from this year, be sure to add St. Anthony Hospital Foundation at the top of your list of organizations to support on Tuesday, December 5. Visit [coloradogives.org/SUM2023](https://coloradogives.org/SUM2023) to learn more.



## Bringing Elevated Safety to Summit County

Through many safety initiatives, St. Anthony Summit Hospital Foundation has continued to provide injury prevention outreach and events to Summit County community members.

- ThinkFirst Injury Prevention held two Bike Rodeos for Breckenridge Elementary Schools over the summer, offering bike safety education along with the distribution of helmets for any child who needed one.
- Our Stop the Bleed course was presented to community members, teaching how to intervene and prevent life-threatening bleeding following an injury. Emergency kits were also given to participants that included gauze, tourniquets and Stop the Bleed guides.
- The first-ever Summit Safety Expo also took place in July, covering a wide range of safety topics, including hiking and bike safety, distracted driving, gun safety, community resources and more.

You are invited to enhance our safety initiatives this fall and winter by making a gift with the remit envelope attached to this newsletter or by visiting [tinyurl.com/SUMdonate](https://tinyurl.com/SUMdonate).



## Gratitude for a \$1M Gift from Kym's Angels Foundation

Join us in thanking Kym Rapier Verette and her husband Glenn Verette for their generous gift of \$1 million to St. Anthony Summit Hospital Foundation. This incredible gift will fund capital projects, housing support and other key initiatives supporting patients and associates in Summit. Stay tuned for more details about transformative initiatives to be launched in their family foundation's name, Kym's Angels Foundation.





## Code Lavender: A New Wellness Program for Associates

With support from the Ferguson Family Foundation, led by Brian and Teri Ferguson, we are pleased to launch a new associate wellness and professional development program: Code Lavender. This program originated at the Cleveland Clinic as a crisis intervention tool—to be implemented in high stress situations. Code Lavender's purpose is to promote a healthy workplace and staff well-being by encouraging hospital employees to build self-care routines.

We're grateful for the ability to support the well-being of our hospital staff and for the continued generosity of the Ferguson Family Foundation, making transformative programs like this possible.



## A Special Tribute Gift for Integrative Cancer Care

St. Anthony Summit Hospital's Cancer Care programs provide integrative, holistic care that's world-class and close to home. Thanks to generous donor support, we're able to offer foundation-supported services that make a world of difference to cancer patients and their loved ones.

Dan Corwin expressed immense gratitude for the care that the Infusion Center provided to his late wife, Barb, during her cancer journey. "The doctor and staff at the Infusion Center in Frisco made the journey this past year the best it could be," Dan wrote.

In gratitude for their compassion, Dan invited his loved ones to honor Barb with gifts to the Foundation, in support of Integrative Cancer Care. We are deeply touched by this act of generosity. **Thank you, Dan and family, for this remarkable tribute.**



## Helping Our Physicians Thrive

At St. Anthony Summit Hospital Foundation, we recognize the value that our physicians bring to our community every day. It's also why we are working to prevent burnout and maintain retention in our health care workforce.

Rebecca Blackwell, MD, St. Anthony Summit Hospital's physician wellness coordinator, partners with the hospital to invest in wellness initiatives for health care providers. With the support of Foundation funds, Dr. Blackwell facilitates meet-ups for her colleagues—offering them the space and time to gather, share encouragement and enjoy recreational activities.

When our clinicians flourish, so does our Summit community. Thank you, Dr. Blackwell, for your commitment to a healthier future for all!

You can uplift hardworking associates like Dr. Blackwell and help to reduce burnout by writing them a note of appreciation or making a gift in their honor. Visit [tinyurl.com/SUMdonate](https://tinyurl.com/SUMdonate) or use the remit envelope attached to this newsletter to make your gift.



*Last November, 14 physicians came together to share great conversation and ideas for wellness over delicious tacos. The group uplifted each other's spirits and set goals for meeting again. Thank you to our supporters for making this possible!*



*Leo Roque,  
Behavioral Health  
Specialist*

## Growing Support for Behavioral Health

This summer, St. Anthony Hospital was approved to fully fund a part-time behavioral health specialist in response to the critical need for mental health services in Summit County. We're honored to introduce Leo Roque, Behavioral Health Specialist, as a supporting member of our behavioral health team.

Working alongside Casey Donohoe, Summit's full-time Licensed Clinical Social Worker, Leo has been making a positive difference in the lives of his patients.

*"I have seen the impact of having Leo in the role of Behavioral Health Specialist almost immediately. As a small hospital, we went from a mental health team of 1 to 1.5 and that shift has been substantial. Leo has provided impactful and meaningful contact to our high-needs and high-acuity patients. It has been so fun to watch him grow and learn so quickly. I can't thank the funding support for this position enough, for making my life easier and providing needed support for our ED patients". – CASEY DONOHOE, LCSW, LAC*

To ensure life-changing mental health services continue in Summit County, consider making a gift today. You may fill out the remit envelope attached to this newsletter or visit [tinyurl.com/SUMdonate](https://tinyurl.com/SUMdonate).

## Celebrating Our Scholarship Recipients

Thanks to our community's generous support of the St. Anthony Summit Hospital Foundation Scholarship Program, we disbursed more than \$50,000 in scholarship funds earlier this year—helping our associates advance their careers and improve the care of our patients. In September, we celebrated six associates who each received a portion of these funds to support their academic endeavors. Congratulations to each of the below hard-working associates:

- Renei Bohrer, Northern Arizona University
- Hannah Kammer, Colorado Mountain College
- Sage Schabo, Walden University
- Laura Skaggs, University of Colorado - Anschutz Campus
- Jennifer Williamson, Fielding Graduate University
- Lydia Wittman, Christos Center for Spiritual Formation

When we invest in our health care teams, we ensure that our community continues to receive high-quality, compassionate care—both now and in the future. You are welcome to support the future of our associates and our community by making a gift, using the remittance envelope enclosed or visiting [tinyurl.com/SUMdonate](https://tinyurl.com/SUMdonate).



*From left to right: Renei Bohrer and her manager, Danielle Hughes; Sage Schabo and her manager, Trixie VanderSchaaff; Jennifer Williamson and her manager, Nathan Love; Laura Skaggs and her manager, Kristin Cesare.*

## Updates from Bristlecone Health Services

St. Anthony Summit Hospital Foundation is a proud supporter of Bristlecone Health Services in its mission to provide compassionate, at-home health and hospice care to patients and their families in the greater Summit County community.

We are immensely grateful for our Bristlecone team members, who have been resilient in their commitment to helping patients and families amid a nursing shortage this year. Please join us in thanking our Bristlecone team for their dedication.

We also extend our gratitude and well wishes to Jen Litowkin, who stepped away from her role as Bristlecone's Clinical Manager in August. Jen had served Bristlecone since 2017, helping grow the agency from just a few patients to more than 400. Jen will be greatly missed and fondly remembered by all who worked with her.

*"Bristlecone has helped me to feel connected and has given me a purpose. It has been an honor to work with our patients, the medical community, and my co-workers at Bristlecone, who are all amazing!" - Jen Litowkin*

Stepping up to take Jen's place is Renei Bohrer, BSN, RN, Night House Supervisor for St. Anthony Summit Hospital. Renei is also pursuing her Master of Science in Nursing from Northern Arizona University, thanks to the support of our Foundation's Scholarship Program! We look forward to learning from Renei as she leads and supports our Bristlecone team!



*Bristlecone's new Clinical Manager, Renei Bohrer, BSN, RN, stepped into the position in September.*

## Your Legacy Can Make a Meaningful Difference

Planned giving ensures the long-term success of causes you care about most, benefits the financial future of you and your loved ones, and is an inspiring way to leave your legacy. Here are some of the ways to leave a planned gift to St. Anthony Summit Hospital Foundation. We invite you to connect with us to discover which one is best for you.

- Bequest
- Beneficiary of Retirement Plan or Insurance Policy
- Charitable Gift Annuity (CGA)
- Charitable Remainder Trust (CRT)
- Property (Home, Farm, or Real Estate)
- Named Endowment

When considering your options, keep in mind that planned giving is an important decision that you don't have to make alone. We offer materials to help simplify the process, ensuring that your decision aligns with your goals and includes the support of your loved ones.

**Schedule a meeting with Candy Elkind, Philanthropy Officer, today to discuss how you can leave a legacy that makes a meaningful difference to the future of Summit County.**

## Tree of Memories

Considering our Bristlecone team's transitions, it is with great deliberation that we have decided not to host this year's Tree of Memories event. Please know that we are still holding you and your lost loved ones in our thoughts and prayers this holiday season.

To have an ornament mailed to you, please contact Candy Elkind, Philanthropy Officer, at [CandyElkind@Centura.org](mailto:CandyElkind@Centura.org). Thank you for your participation and support of this beloved event, year after year—we hope to host once again in 2024!

